

# Healthy Life

Healthy Life For The Better Life

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## Mar 26 [Renewable Energy](#)

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Currently, almost all industrial sectors depend with the availability of energy or fuel. Whether it comes from petroleum, coal, and so on. And that fuel will continue to need, even the level of the higher usage. [Read the rest of this entry »](#)

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## Mar 25 [8 types of tooth color](#)

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Maybe you think color should be white teeth gleaming. But the actual email or layers are translucent teeth so the teeth dentine radiate color (the substance in the email) that is in the teeth.

Teeth are not always white, depending on each individual. Adults normally have yellow teeth color grayish, grayish white or yellowish

white. While baby teeth normally milky white or bluish white. [Read the rest of this entry »](#)

Tagged as: [healthy](#), [teeth](#)

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## Mar 24 [The material on bath soap that can trigger allergies](#)

Filed under [Healthy Life](#)

Soap should work to clean the skin of various kinds of dust and dirt. But not infrequently the material contained in the soap became incidence of allergy triggers (allergens).

Allergens contained in skin soaps can cause dermatitis, an inflammation of the skin causing redness, itching, or small bumps filled with fluid. Dermatitis can be caused by an allergen contact with the body through the skin, causing inflammation, if it continues its use potentially cause skin problems worse. [Read the rest of this entry »](#)

Tagged as: [healthy](#), [soap](#)

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## Mar 23 [4 prostate cancer-preventing foods](#)

Filed under [Disease](#)



Food can be a source of disease and medicine. Especially for the men, if you want to stay away from the risk of prostate cancer, should multiply the consumption of 4 types of these foods.

Prostate cancer is cancer that develops in the prostate, a gland in the male reproductive system. This occurs when prostate cells mutate and begin to grow out of control.

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## [Pica, eating disorders diseases peculiar](#)

Filed under [Disease](#)



Have you ever seen people who eat strange foods such as soil, sand, limestone, cigarette butts, lighting, fur and even animal dung. It could be that people suffering from PICA, a disease peculiar diet.

Pica is common in children, pregnant women and adults. Pica sufferers typically consume a diet that does not make sense. Pica often occurs in children and adults.

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Tagged as: [Disease](#), [PICA](#)

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## [The Best Cheap Glasses](#)

Filed under [Healthy Life](#)



What would you do if suddenly your glasses broken or missing, and you can not move without wearing glasses. Of course it is inconvenient. Directly crossed your mind would immediately go

to the eye doctor to ask for the recipe for creating a new spectacles. Then go to the optics to immediately get it. After that you must imagine the price you pay. Certainly not cheap even for the quality standard.

But from now on, you have to throw away such thoughts. Because there is currently [The # 1 online store Rx glasses](#). In this place, you can get quality glasses with a very low price.

You would think that it is impossible? If you have any doubt, you can see [Eric's Review of Zenni Optical](#). Now, is not the word "impossible" to get a quality lens with [Lowest Price Progressive Glasses](#).

So, immediately to get the best service in buying quality glasses at a cheap price.

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## [7 Habits of people who have a strong memory](#)

Filed under [Healthy Life](#)



People who have a strong memory has some habits that they will not miss each day. Train the habit may make you become one of those who empowered a strong memory.

Protect and enhance the brain's ability is very easy. Simply train some small habits and lifestyle change that is not good. The brain will remain

alive even if it continues to increase its ability trained and used. [Read the rest of this entry »](#)

Tagged as: [brain](#), [healthy](#), [memory](#)

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## [7 Wonders of Tears](#)

Filed under [Healthy Life](#)



Who says there's no point crying? Too old to cry it can make eyes

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red and swollen. But make no mistake, cried and had tears in my eyes it could be a miracle drug that is useful for healthy body and mind.

Here's 7 wonders what can you get after crying and watery eyes:

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## [8 Causes Often fart](#)

Filed under [Healthy Life](#)



Many people are embarrassed if caught farting because often assessed in terms of ethics and decency. And farting is healthy because it signifies the digestive system and normal bowel function.

During this little-known, fart triggered by foods such as nuts, soy or fast food which is a type of food causes Flatulence. If the stomach is

bloated, not so long then maybe you will spend the fart gas. [Read the rest of this entry »](#)

Tagged as: [fart](#), [Healthy Life](#)

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## [Searching drugs online](#)

Filed under [Healthy Life](#)



In an age which is dominated by this technology, everything or almost work can be done online, ranging from doing work until the day-to-day activities. Even up to the health affairs of the people even began to shift to a more simple but effective to simply consulting, looking for a suitable drug, even to buy it. [Read the rest of this entry »](#)

Tagged as: [drugs](#), [healthy](#)

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## [Mysterious Side of the Human Brain](#)

Filed under [Healthy Life](#)



After thousands of years studied from a variety, began to unfold a mysterious side of the human brain. There are several facts that previously might not have occurred to humans.

The brain is one of the most amazing organ in the human body, because he can control the central nervous system to work normally. [Read the rest of](#)

[this entry »](#)

Tagged as: [brain](#), [Healthy Life](#)

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## [Hemorrhoids](#)

Filed under [Disease](#)

It's hard to sit and pain when defecating is often complained by the patients and very disrupt hemorrhoids. Hemorrhoids or piles or haemorrhoids is a disease or disorder of the rectum. Anus lips swelling and sometimes bleeding.

In some cases, hemorrhoids caused by: [Read the rest of this entry »](#)

Tagged as: [Disease](#), [Hemorrhoids](#)

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## [Kleptomania](#)

Filed under [Disease](#)



**Kleptomania** is irresistible impulse to steal items for the patients sometimes are not really needed, usually things trivial. Kleptomania is a serious mental health disorder. Some research evidence indicates that Kleptomania related to natural brain chemical (neurotransmitter) called

serotonin. Serotonin helps regulate mood and emotion a person. There is also some evidence that Kleptomania associated with addictive disorders, or obsessive-compulsive. [Read the rest of this entry »](#)

Tagged as: [Disease](#), [kleptomania](#)

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## [20 Diseases and Foods to Avoid](#)

Filed under [Healthy Life](#)



Food makes human survival. But food is also an enemy, if a person has the disease. Avoiding foods that dipantangkan is the best way people can do a variety of diseases. Away from the forbidden foods is a precautionary measure so that the illness did not recur so often that can

interfere with daily activities.

Here are 20 types of disease and food should be avoided by sufferers:

[Read the rest of this entry »](#)

Tagged as: [Disease](#), [food](#)

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## [6 Supplements for Men's Vitality](#)

Filed under [Healthy Life](#)



Do you want to improve the appearance to look strong? Want to increase your energy or to keep your body healthy and fit? Appropriate supplements are the answer. Here's a list of supplements that you can consume: [Read the rest of this entry »](#)

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